

\*\*\*Attention: Massage Therapists~PTs~OTs~Acupuncturists~  
~Bodyworkers of all Kinds~



Jin Shin Do® Bodymind Acupressure® Module 1: Part 1

## Basic Jin Shin Do® Spring 2026

Six Days over 2 weekends--40 NCBTMB Hours

Dates: April 17, 18, 19 and May 1, 2, 3

8:30am-6:00pm Daily-with an hour lunch break

Location: Subtle Energies 1136 Kings Hwy, Ste 4, Chester, NY

Instructor: Valerie Coleman-Palansky, LCSW, MEd, LMT, Auth. JSD® Teacher

### Jin Shin Do® means Way of the Compassionate Spirit

In this 40 hour class, participants will learn these skills to add benefit to their current practice:

- Locate 55 acu-points in relation to surrounding anatomy.
- Describe how Jin Shin Do® acupressure can be utilized for general relaxation and to release specific tensions.
- Demonstrate acu-point combinations for common problems, including tension in the head, neck, shoulders, back, chest, abdomen, pelvis and extremities.
- Process, in a simple way, the feelings and images which may arise from the body during acupressure release.
- Perform simple movements which facilitate relaxation and structural-energetic balancing.
- Identify the 8 Strange Flows or extraordinary vessels, and demonstrate their use for energy balancing and general relaxation.

#### FINANCIAL AND REGISTRATION DETAILS:

Investment: **\$750 includes Jin Shin Do® Bodymind Acupressure® Handbook and Color Coded Chart**

Repeaters can take this class for half price if space allows (\$375)

Make two payments of \$375. each (March and April)

**Only \$715** if paid in full by March 15, 2026

Please register SOON as space is limited

*Where the Journey Starts...It's my pleasure to introduce this incredible work to you!*

To Hold Your Spot~Fill out and scan or send copy:

Zelle payment to: [extraordinary8counseling@gmail.com](mailto:extraordinary8counseling@gmail.com) or text/call for mailing information

Payment 1 (\$375) to hold your spot/Payment 2 (\$375) due April 1 or Pay in Full now (\$715)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Questions: Valerie: 718-213-0518//[Valeriecp@aol.com](mailto:Valeriecp@aol.com) or Organizer-Connie Wehmeyer: 845-469-7162